

What is Doing?

Do not be deceived: God cannot be mocked. A man reaps what he sows. ⁸ The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life. ⁹ Let us not become weary in <u>doing good</u>, for at the proper time we will reap a harvest if we do not give up. ¹⁰ Therefore, as we have opportunity, let us <u>do good</u> to all people, especially to those who belong to the family of believers.

Galatians 6:7-10

What is Being?

You foolish Galatians! Who has bewitched you? Before your very eyes Jesus Christ was clearly portrayed as crucified. ² I would like to learn just one thing from you: Did you receive the Spirit by observing the law, or by believing what you heard? ³ Are you so foolish? After beginning with the Spirit, are you now trying to attain your goal by human effort?

Galatians 3:1-3

Because you are sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, "Abba, Father." Galatians 4:6

So I say, live by the Spirit, and you will not gratify the desires of the sinful nature.

Galatians 5:16

NOTES - The icons below may be helpful as you take notes on the outline.

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Myth of Balance

Too often what we mean by balance is being extreme in one behavior only to shift to the opposite extreme for a while.

The Wisdom of Rhythm BEING DOING

If we are going to live the Gospel, we must find the rhythm of doing and being.

Christ be Formed in you

My dear children, for whom I am again in the pains of childbirth until Christ is formed in you, ²⁰ how I wish I could be with you now and change my tone, because I am perplexed about you! Galatians 4:19-20

Every day we must practice behaviors that establish a rhythm of being and doing that causes us to rediscover, and re-believe the grace of God, so that we can live the gospel.

- Do you have an intentional plan to be a self-feeder?
- Who is on that journey with you?

Next Steps

Recommended reading:

The book of *Galatians*Practicing the Presence of God by Brother Lawrence
The Good and Beautiful God by James Bryan Smith
The Life You've Always Wanted by John Ortberg

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